

## Premier Fermented Greens Capsules

### Fermented Multi-Greens

With Probiotics, Prebiotics & Postbiotics

### 100% FERMENTED ORGANIC MULTI-GREENS



#### Supplement Facts

Serving Size 5 Capsules  
Servings Per Container 30

##### Amount per serving

*Lactobacillus reuteri* . . . . . 32 mg\*  
1 Billion CFU\*

Fermented Greens Blend . . . . . 975 mg\*  
Organic Fermented Barley Grass (*Hordeum vulgare*), Organic Fermented Kale (leaf), Organic Fermented Oat Grass (*Avena sativa*), Organic Fermented Chlorella (whole; broken cell wall) (*Chlorella sorokiniana*), Organic Fermented Alfalfa (herb) (*Medicago sativa*), Organic Fermented Cilantro (leaf) (*Coriandrum sativum*), Organic Fermented Spinach (leaf) (*Spinacia oleracea*)

Organic Rice Bran . . . . . 480 mg\*

\*Daily Value Not Established

Other Ingredients: Plant-Source Capsules (cellulose, water)

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- ✓ 100% fermented organic plant blend
- ✓ Easily digested and highly bio-available
- ✓ Prebiotic, probiotic and postbiotic activity
- ✓ Full spectrum of naturally occurring vitamins and minerals
- ✓ Promotes the natural alkalinity and pH of the body

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

### Live Prebiotic, Probiotic And Postbiotic Activity

**Premier Fermented Greens** is a spectacular nutritional industry first -- providing a convenient gluten free, 100% fermented plant blend with live prebiotic, probiotic and postbiotic activity. Our prized, vegan-friendly superfood features carefully air-dried greens at low temperature: Fermented Organic Barley Grass, Fermented Organic Oat Grass, Fermented Organic Kale, and Fermented Organic Chlorella to provide the full spectrum of naturally occurring vitamins and minerals that help promote the natural alkalinity and pH of the body. This **masterpiece of prebiotics** is scientifically backed with the probiotic bacteria, *Lactobacillus reuteri*, to supplement the health of your intestinal microbiome in order to promote overall health and wellbeing.

### Delivers Postbiotic Activity

The fermentation of organic greens also generates highly desirable postbiotics. Generated from probiotic bacteria, postbiotic metabolites are the biochemical flux that can initiate thousands of chemical reactions in every one of your cells throughout the body. We now know that these **probiotic-produced postbiotic compounds** play extraordinary roles in regulating and maintaining the body's healthy internal microbiome. Taking Premier Fermented Greens on a regular basis helps supply an entire spectrum of prebiotics, probiotics and postbiotics to promote gut health.

### Fermented Foods And The Microbiome

In humans, fermentation happens when the microbes, also known as probiotics, throughout the gastrointestinal tract are working hard to "predigest" the food you eat. This process of fermentation breaks down plant compounds to release their full nutritional potency, which makes elements such as vitamins, minerals, and antioxidants more bioavailable.



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